



TOORAK COLLEGE COMMUNITY KITCHEN

What are Community Kitchens?

Our Community Kitchen at Toorak College is a group of like-minded mum's who come together on a regular basis to socialize and cook beautiful, nourishing, healthy meals for families within our school community who are unwell, hospitalised or travelling through a difficult time.

The Community Kitchens are owned and driven by the participants. They make all the decisions about the running of the group including how often the group meets and what they will be cooking. Our Community Kitchen is for anyone within our school community who would like to meet other mums at school whilst preparing meals for families who are in need of a home cooked meal.

What are the Aims of the Community Kitchen?

The Community Kitchen aims to develop a sense of community around food by:

- Encouraging people to come together to cook healthy fresh meals from scratch, hopefully utilising local produce & suppliers to support local community.
- Creating opportunities for a more involved and integrated school community, with positive roles for more people, less isolation, the chance to develop their capacities and skills, working together to support each other by belonging to a group and most importantly building community.

How can you be part of the Toorak College Community Kitchen?

One way to help is by donating fresh local produce on a weekly/fortnightly or monthly basis for use in the preparation of meals.

Donation of funds for us to purchase fresh produce from local suppliers and farmers markets.

In return we will advertise your business in our fortnightly flyer which is distributed to all school families via our Enews (school newsletter).

Thank you in anticipation of your valued support

